## Week 5 - Game Day

Get ready with the Soccer Zoo gang as they prepare for game day. See how Skills McStallion, Penny Penguin, Eric Impala, and Rocko Octo get ready for their big day. "Game Day" introduces several pre-operational topics to children such as preparation, decisions, and expectations of soccer players before a game.



## Session Schedule - focus on personal ball control

:00 - :08 Read 'Game Day'

:08 - :15 Aerobic Soccer Training (Basic)

-- Water

:20 - :35 Students Choose Any Game They Want to Play

-- Water

:40 - :56 Games (two 8 min halves)

:58 - 1:00 Recap Book Questions

## Purpose -

(1) Introduce Preparation Concept (2) Introduce Personal Responsibility Guidelines for Playing.

## **Key Points**

• Players should begin to focus on personal ball control standards (reinforce Laser Beam Dribbling Tip).

**Games -** Try to have games going with 2 - 4 players per team, switch players on teams after the first half. At end, bring group together and review a few book questions. Keep the games and activities fun, training players is not as important as impressing the lessons of soccer socialization and play.